

PREVENTING FALLS



WOODFORD COUNTY
LIBRARY

(Adults) Join Joel Cecil,
Physical Therapist, to learn
how to reduce the risk of falls
at home, which items are
helpful to have, and what
steps to take if a fall occurs.

Wed. January 28
from 1:00 - 2:00 PM

**AT THE MIDWAY
BRANCH**



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(859) 846-4014

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